

Online Supplementary Material

Daaleman TP, Frey BB. The spirituality index of well-being: a new instrument for health-related quality-of-life research. *Ann Fam Med.* 2004;2:499-503.

<http://www.annfammed.org/cgi/content/full/2/5/499/DC1>

Appendix 1. Spirituality Index of Well-Being				
<i>Which statement best describes your feelings and choices?</i>				
Strongly Agree	Agree	Neither Agree nor Disagree	Disagree	Strongly Disagree
1	2	3	4	5
1. There is not much I can do to help myself.				
1	2	3	4	5
2. Often, there is no way I can complete what I have started.				
1	2	3	4	5
3. I can't begin to understand my problems.				
1	2	3	4	5
4. I am overwhelmed when I have personal difficulties and problems.				
1	2	3	4	5
5. I don't know how to begin to solve my problems.				
1	2	3	4	5
6. There is not much I can do to make a difference in my life.				
1	2	3	4	5
7. I haven't found my life's purpose yet.				
1	2	3	4	5
8. I don't know who I am, where I came from, or where I am going.				
1	2	3	4	5
9. I have a lack of purpose in my life.				
1	2	3	4	5
10. In this world, I don't know where I fit in.				
1	2	3	4	5
11. I am far from understanding the meaning of life.				
1	2	3	4	5
12. There is a great void in my life at this time.				
1	2	3	4	5

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