

Supplementary Table 1. The number of total and new cases of cardiovascular diseases, chronic non-cardiovascular diseases, mental disorders, health problems and cancer diseases during the period from 2017 to 2020. At-risk population is taken as total population minus the number of people who have already developed the disease of interest (total cases – new cases).

Variables	2017		2018		2019		2020	
	Total cases	New cases	Total cases	New cases	Total cases	New cases	Total cases	New cases
Total population	56,982		58,961		60,154		63,402	
Women	33,327		34,540		35,112		36,391	
Men	23,655		24,421		25,042		27,011	
Cardiovascular risk factors and diseases								
Hypercholesterolemia	16,838	699	17,011	677	17,334	771	17,986	495
Hypertension	14,906	600	15,421	627	15,959	598	16,803	388
Type 2 diabetes	4,395	323	4,574	348	4,794	374	5,160	230
Chronic kidney disease	1,501	378	1,850	306	2,135	411	2,700	222
Heart failure	467	122	519	174	607	198	848	159
Stroke	641	105	615	130	573	104	602	117
Ischemic cardiomyopathy	985	182	1,139	129	1,251	132	1,434	82
Acute myocardial infarction	535	56	433	56	280	52	319	72
Chronic non-cardiovascular diseases								
Dementia	2,898	340	2,889	418	3,005	556	3,246	410
Asthma	3,673	286	3,841	381	4,098	320	4,530	300
Benign prostatic hypertrophy	3,055	490	3,471	517	3,885	468	4,522	324
Hypothyroidism/thyroiditis	4,844	388	5,143	397	5,449	437	5,926	235
Osteoporosis	4,505	308	4,721	268	4,921	320	5,275	193
Chronic obstructive pulmonary disease	1,468	152	1,562	158	1,690	189	1,905	90
Mental disorders and health problems								
Anxiety	11,566	1,118	12,397	1,261	13,426	1,563	15,993	1,564
Depression	7,040	347	7,239	367	7,507	403	8,068	346
Alcohol use disorder	1,150	74	1,141	89	1,161	105	1,196	52
Violence against women	80	35	112	27	133	31	198	33

Cancer diseases

Breast cancer	1,267	116	1,361	89	1,432	105	1,582	85
Colon cancer	484	37	512	56	563	39	627	43
Benign tumors of the colon	1,704	320	2,017	405	2,411	306	2,910	213
Prostate cancer	688	75	758	74	827	70	942	59
Lung cancer	133	31	163	25	185	36	257	47
Bladder cancer	328	39	364	44	407	52	490	42
Liver cancer	21	5	26	12	37	5	44	7
Thyroid cancer	110	19	126	7	133	19	153	6
Melanoma	292	39	325	40	362	48	424	25
Stomach cancer	45	7	51	4	53	8	64	7
Kidney cancer	159	26	182	19	197	34	242	17
Lymphoma/Leukemia	56	6	61	6	67	8	85	11

Supplemental materials for

Sisó-Almirall A, Kostov B, Sánchez E, Benavent-Àreu J, González-de Paz L. Impact of the COVID-19 Pandemic on Primary Health Care Disease Incidence Rates: 2017 to 2020. *Ann Fam Med*. 2021. Online ahead of print. <https://doi.org/10.1370/afm.2731>.