F. Marian Bishop Award—Presented by the STFM Foundation, this award honors individuals who have significantly enhanced the academic credibility of family medicine by a sustained, long-term commitment to family medicine in the academic setting. Nomination deadline is October 15, 2013.

Lynn and Joan Carmichael STFM Recognition Award—This award honors an STFM member or nonmember for outstanding leadership in advancing family medicine as a discipline. The nominee's achievements and activities should be clearly recognized as enhancing or supporting family medicine education by improving resources available for its support, by defense or support of its objectives, or by other notable service to the discipline. Such achievements should have had significance at a national level. Nomination deadline is October 18, 2013

STFM Excellence in Education Award—Designed to honor outstanding teachers, this award recognizes an STFM member for personal excellence in family medicine education, with demonstrated skills in teaching, curriculum development, mentoring, research, or leadership in education at regional or national levels. The nominee must have sustained involvement in family medicine teaching. Nomination deadline is October 18, 2013

STFM Innovative Program Award—This award honors excellence in the development of an original educational program or activity for family medicine residents, students, or faculty. It is intended to recognize a broad interpretation of innovative family medicine programs to include residency programs, clerkships, services, curricula, or other activities that have had a significant, positive impact on family medicine education. Nomination deadline is October 18, 2013

STFM Advocate Award—Designed to recognize excellence in the field of political advocacy, this award honors an STFM member for outstanding work in political advocacy at the local, state, or national level. The recipient's efforts are not restricted to legislative work but cannot be solely individual patient advocacy. Nomination deadline is October 18

Nominate a worthy colleague for one of the above awards. Complete award information, including nomination forms and lists of previous winners, is available at http://www.stfm.org/about/awards.cfm.

> Traci Nolte, CAE Director of Publications and Community Society of Teachers of Family Medicine



From the Association Departments of Family Medicine of Departments of

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## UNIVERSITY OF MISSOURI'S "REINCARNATED" WORKSHOP FOR NEW CHAIRS OF DEPARTMENTS OF FAMILY MEDICINE

The Department of Family and Community Medicine at the University of Missouri (MU) hosted successful workshops in the 1990s for more than 25 family medicine department chairs and leaders in academic family medicine. In 2012 and again in 2013, we have conducted reincarnations of this workshop for 11 new chairs (7 in 2012 and 4 in 2013).

This program was conceived by Michael Hosokawa, EdD and Jack Colwill, MD in the 1990s as a way to help train the second generation of family medicine department chairs. They turned their idea into a successfully funded proposal under the Faculty Development series of HRSA-funded Title VII programs. First Jack Colwill then Hal Williamson led the New Chairs Workshop involving senior leaders from the Department of Family and Community Medicine at MU. Also vital to the success of the program was the partnership with the Society of Teachers of Family Medicine as Roger Sherwood, STFM Executive Director served as a consultant to each of those early sessions. Also key to the workshop's success was another senior family medicine chair who participated as a consultant.

When this program was reborn in 2012, the Academic Departments of Family Medicine (ADFM) became the co-sponsor with MU Family and Community Medicine. Using a case-based approach, attendees bring to the workshop real world challenges they are facing. While attendees serve as the experts, MU faculty and a consultant from ADFM also facilitate. The faculty from MU include: Jack Colwill (former chair, former Interim Dean, and leader of past Chairs Workshops), Mike Hosokawa (former dean for curriculum and director of faculty development), Hal Williamson (former chair and president of ADFM, now Vice Chancellor for Health Affairs), Mike LeFevre (health system chief information medical officer, vice chair and clinical director), Steven Zweig (current MU department chair and Chair of ADFM Leadership Development Committee) and others.

## **Program Design Elements**

This program is envisioned as an annual workshop aimed at a small group (ie 6 to 8) new chairs. The central feature of this program (just as it was carried out in the 1990s) is a consultative model whereby: (1) new chair attendees prepare a case as prework describing their challenge/problem; (2) the team at MU reviews the case description and brings together necessary resources with the other attendees and faculty; (3) the MU team identifies key people within the institution that the individual new chair chooses for one-on-one consultations learning more about specific issues which may be translatable to his or her own institution or department. While not all problems are solved, participants leave the workshop with a pathway forward and a comforting feeling that their problems are not unique to their environment. They also leave with new relationships that they can call on in the future to help provide advice, expertise, or counsel.

Evaluation from the past 2 workshops provides evidence that resurrecting this workshop is filling an important need. Comments from participants illustrate the critical value of this experience:

- Every new chair would benefit from this. The group size was optimal.
- An outstanding program. I think I benefited from every component, which is quite rare for any conference. The other chairs and the faculty were amazing- supportive, bright and motivated to solve problems on a 'systems' level.
- An excellent program! I feel I know a number of my fellow new chairs in way that would not have been possible without this workshop. We've tackled some tough problems together, and we have a better understanding of the state of family medicine around the country.
- Truly excellent overall...I'm not just saying it. Very well prepared, organized, and implemented. Very much appreciated.
- This program was incredibly valuable to my development as a new chair! The wisdom and knowledge was greatly appreciated! Keep offering it!

The MU workshop is one of several elements of programming which we are offering in ADFM through our Leadership Development Committee. According to a survey of ADFM members last year, 38% of chairs have had the job for less than 3 years and 26% anticipate a change in leadership within the next 3 years. In addition to a systematic "welcoming" of new chairs into ADFM through the President, Executive Director and Secretary, our Leadership Development Committee oversees other programming aimed at new family medicine department chairs. These include workshops held at the AAMC meeting and in conjunction with the ADFM Winter meeting, our new chair advisor program, and our developing new chair's toolbox.

Steven Zweig MD, Ardis Davis MSW, Jack Colwill MD and Michael Hosokawa, EdD



## From the Association of Family Medicine Residency Directors

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## AFMRD FMCC SCHOLARSHIPS

Political advocacy is increasingly important in residency education for the next generation of family physicians to learn how to promote health interventions for our patients and our communities; it includes promoting our specialty which most directly addresses these needs. Through political advocacy, residents learn aspects of community health, population management, and leadership to effect change in health systems. The AFMRD will assist family medicine residencies to provide their residents the opportunity to participate in political advocacy by offering annual scholarships to the Family Medicine Congressional Conference (FMCC) held every May.

Sponsored by the AAFP and the Council of Academic Family Medicine (CAFM), the FMCC educates participants about the fundamentals of advocacy, the legislative process, and up-to-date information about current priorities for family medicine and our patients. Residents then receive practical, hands-on experience by engaging legislators in these issues, powerfully sharing their experience and inspiring change. Alongside family medicine leaders, residents learn how to be effective in Washington DC and at home.

Since 2011, the AFMRD has offered 10 scholarships each year for residents to attend the FMCC. Comments from scholarship winners include:

"... the FMCC experience taught me that there is much more I can do about inequalities in health care than I thought. I am now a part of the solution." Christina Chavez-Johnson MD, University of California at San Francisco, Fresno

"Our patients' health, and the equity and stability of our health care system, depend on all of us doing our share ... the first step begins with you!" Lauren S. Hughes, MD, MPH, University of Washington Department of Family Medicine

"We need to be heard for the protection of our profession, our patients, [and] our health." Elizabeth Lynn, MD, South Nassau Communities Hospital Family Medicine Residency

"Attending the FMCC was a great learning experience, but more importantly it rekindled my passion for the field of family medicine." Jeanine Spielberger, MD, Banner Good Samaritan Family Medicine

The AFMRD plans to continue to sponsor resident scholarships for \$1,500 each to help cover travel and