

will enhance student learning and their ability to contribute meaningfully to the patient care experience. Read the Preceptor Guidelines Document at <http://www.stfm.org/resources/EHR>.

Position Statement

CMS standards have significantly altered the involvement of medical students in the care of not only Medicare patients, but of all patients, as institutions, fearful of litigation, have enacted very conservative interpretations of the CMS standards. In some institutions, students are forbidden any access to EHRs; in other institutions the enacted policies have marginalized the role of medical students in the care of all patients. These CMS standards have also hindered the team function of care. The efficiency gained by the student's aid in documenting care has in the past provided time for the teaching physician to provide clinical instruction. CMS standards have largely eliminated this efficiency. Read the Position Statement at <http://www.stfm.org/resources/EHR>.

The documents are the work of the STFM Education Committee:

*Beat Steiner, MD, MPH, Chair
Susan Cochella, MD, MPH; Bonnie Jortberg, PhD,
Katie Margo, MD; Christine Jerpbak, MD,
Allen Last, MD, MPH; Michael Mendoza, MD, MPH,
Barbara Tobias, MD; Esther Johnston, MD, MPH,
Melissa Robinson*



**From the Association
of Departments of
Family Medicine**

Ann Fam Med 2014;180-181. doi: 10.1370/afm.1628.

HEALTH SYSTEM CHANGE AND ACADEMIC DEPARTMENTS

Health system change is now a reality in the United States and presents opportunities for family medicine to contribute rational solutions to the twin problems of high cost and variable quality confronting American health care. Academic health centers in particular will need to change if they are to survive and continue to make vital contributions to patient care, discovery, and educating tomorrow's health care workforce. Achieving the triple aim of improving the processes of care, improving the health of populations, and containing costs presents unique challenges to the siloed environments of academic centers.¹ Can family medicine academic departments lead the way in health system change, and if so how?

The theme of the 2013 Association of Departments of Family Medicine (ADFM) Annual Winter Meeting was "Leading in the Time of Transition from Volume-Based to Value-Based Health Care." As part of this meeting, ADFM members engaged in workgroup discussions around 4 major themes: creating a strong partnership with the academic medical center (AMC); improving quality and reducing costs for patients, employers, and payers; collaborating effectively with other specialties; and improving the practice of family medicine and preparing the family physicians of the future.² Following this session, a white paper with specific recommendations for how departments of family medicine (DFMs) can play a leading role in helping the nation with the transition to value-based health care was produced and shared with ADFM members.³

To ascertain how DFMs are meeting the challenge of health system change in their local environments—and the degree to which change has been implemented—questions about each of the specific recommendations were asked on the 2013 version of ADFM's annual member survey. Chairs of all 150 department members of ADFM, which include virtually all allopathic medical schools plus some osteopathic medical schools and large regional medical centers were invited to complete the survey. The survey included a number of other topics of interest to ADFM and DFMs and was sent electronically to department chair members using an online survey tool (Catalyst). The survey was open for 2 full months with regular reminders to those who did not complete the survey. The final response rate was 78%.

Among the 117 respondents, 94% were from allopathic medical schools; 74% from public institutions; and 47% from large schools (>149 students matriculating per year). A roughly equal number of respondents have been a department chair for more than 8 years (39%) as those that have been a department chair for 3 years or less (38%).

For the questions about the recommendations from among the 4 themes in health care transformation noted above, respondents were asked to "choose where your department is on each item" and were given the following options: not feasible in our setting; planned but not started; piloting and/or in development; implemented—up and running.

Overall, DFMs across the country are playing a leading role in health care transformation. The changes that the most DFMs have currently implemented are: moving to team-based care in practices (47%); improving delivery of preventive services (42%); efforts to reduce avoidable hospital readmissions (35%); making more appropriate use of consultations and referrals (32%); and attracting and

successfully managing care for a large base of primary care patients (28%).

In addition to these changes that have already been implemented by many, a majority of responding DFMs (50% or more) have either planned but not started or are piloting methods to: reduce and control post-acute care costs; reduce unnecessary and duplicative testing; reduce both non-medical and medical costs for commercially insured patients; deliver more non-visit-based care; manage outcomes for populations of patients; and coordinate primary and specialty care for complex patients.

Most respondents considered reducing low margin admissions to be unfeasible in their setting (40%); several commented that this is a factor of current reimbursement models. A number of respondents also noted that they are not in an Academic Medical Center. Lastly, a roughly equal number of respondents have implemented efforts aimed at improving maternity care outcomes as the number who indicated that improving maternity care outcomes was not feasible in their setting (29% and 26%, respectively).

These findings suggest that many DFMs are already engaged in taking significant actions to help their institutions confront the necessary changes to deal with health system transformation. Whether more DFMs can take the lead and participate in these and other opportunities for leadership over time—particularly as pilot programs evolve and payment reform initiatives continue—remains to be seen, but many departments are off to a promising start.

Amanda Harris, MPH, Alfred Tallia, MD, MPH and the ADFM Healthcare Delivery Transformation Committee.

Al Tallia, MD, MPH, Committee Chair; Chelley Alexander, MD; Sean Bryan, MD; Chris Feifer, DrPH; Linda French, MD; Laurel Giobbie; Mike Magill, MD; Lisa Tavallali, MBA; and Philip Zazove, MD; Ardis Davis, MSW and Amanda Harris, MPH, Staff

REFERENCES

- Berwick DM, Nolan TW, Whittington J. The triple aim: care, health, and cost. *Health Aff (Millwood)*. 2008;27(3):759-769.
- Perkins A, Miller H, Davis A, et al. ADFM's 2013 winter meeting focus: moving to value-based health care. *Ann Fam Med*. 2013;11(4):383-384.
- Miller H. Leading the way in accountable care: how departments of family medicine can help create a higher quality, more affordable healthcare system. Association of Departments of Family Medicine, Center for Healthcare Quality and Payment Reform; 2013. http://adfammed.org/documents/LeadingtheWayinAccountableCare_ADFM-WhitePaper_March2013.pdf. Accessed Dec 19, 2013.



From the Association
of Family Medicine Residency Directors

Ann Fam Med 2014;181-182. doi: 10.1370/afm1635.

AFMRD STRATEGIC PLAN 2014 – 2016

Dale Carnegie once said, "The person who starts out going nowhere, eventually gets there." With that in mind, the AFMRD Board embarked on a yearlong endeavor to develop our 3-year strategic plan. We wanted a roadmap that would guide our decision making for the foreseeable future. We also wanted to maintain our mission, which is to "inspire and empower family medicine residency program directors to achieve excellence in residency training."

To begin the planning process, we conducted a needs-assessment survey of AFMRD members to see the directions they wanted to go. We also met with key stakeholders and heard their vision for the future. We reviewed the major initiatives from the last 5 years, including the P⁴ project and the Innovation Taskforce. We then compiled this data and defined 5 basic areas—or "big rocks"—to pursue. For each rock, primary outcomes were defined along with objectives and specified measurements. Teams were assigned to accomplish each objective.

The main initiatives outlined in the plan are as follows:

Professional Development

Outcome: Implement education programs that enhance the professionalism and knowledge of members

Objectives:

- Implement a leadership development program utilizing NIPDD, and other professional development programs
- Explore development of NIPDD 2
- Develop online education programs
- Evaluate the feasibility of regional meetings or collaborative forums
- Recognize program directors for leadership achievements

Residency Program Quality Improvement

Outcome: Provide programs and tools to help members increase the efficiency, effectiveness, and quality of their residencies

Objectives:

- Complete the development of the Residency Curriculum Resource (RCR)