In this issue of the *Annals of Family Medicine*

**Asthma APGAR Tools in Primary Care** 100
Use of Asthma APGAR tools improves asthma control and reduces asthma-related acute care visits.

**Behavioral Activation With Mindfulness for Depression in Primary Care** 111
Mindfulness training improves symptoms of subthreshold depression and reduces incidence of major depression.

**The Sustainability of a Primary Care–Driven eConsult Service** 120
A multi-specialty eConsult service has had rapid uptake and stable impact while improving access to specialty care.

**Multimorbidity and Socioeconomic Deprivation in Primary Care Visits** 127
Patients with multimorbidity receive longer doctor visits, greater perceived empathy, and more patient-centered care in affluent areas than in deprived areas.

**A Core Outcome Set for Multimorbidity Research** 132
Quality of life, mortality, and mental health are core outcomes in studies of individuals with multimorbidity.

**Shared Decision Making for PSA Testing** 139
Between 2010 and 2015 there was no increase in shared decision making for PSA testing, but the content of discussions broadened.

**Oseltamivir and Suicide Among Pediatric Patients** 145
Oseltamivir does not increase the risk of suicide among children.

**Digital Rectal Exam for Prostate Cancer Screening in Primary Care** 149
There is minimal evidence to support digital rectal examination for prostate cancer screening in primary care.

**Moving From Problem-Oriented to Goal-Directed Health Records** 155
Meaningful reform of primary care should reflect patients’ life and health goals, with corresponding redesign of electronic health records.

**A Narrative Approach to Healing Chronic Illness** 160
Clinicians can support patients with chronic and terminal illnesses by guiding them through thoughtful exploration of their suffering.

**You Will Have a New Life** 166
Following a total colectomy, a patient negotiates a new identity as a person with a chronic illness.

**From Transactional Tasks to Personalized Care: A New Vision of Physicians’ Roles** 168
In a new vision for primary care, physicians focus on personalizing care rather than transactional tasks.

**When Its Time to Retire: Notes from the Afterlife** 171
A family physician explores identity, purpose, and life after retirement.