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**Title** 

A taxonomy of patient experiences of access and continuity in interprofessional primary care teams

**Priority 1 (Research Category)** 

**Health Care Disparities** 

**Presenters** 

Nadia Deville-Stoetzel, Isabelle Gaboury, PhD, Mylaine Breton, PhD, Djamal Berbiche, PhD, Christine Beaulieu, Elisabeth Martin, MSc, Sarah Descoteaux, MSc, Francois Bordeleau, MSc

**Abstract** 

Context: Patient experiences of access to care and continuity are essential to support health service improvements centred on patients' needs. The ability to reach and engage in the care process varies considerably depending on patients' socio-demographic characteristics. There is a need to understand these experiences to address inequitable access issues.

Objective: To identify different profiles of access and continuity experiences of patients registered with interprofessional primary care teams.

Study Design and Analysis: This cross-sectional study was conducted from September 2022 to April 2023. We used latent class analysis (LCA) to identify patients' profiles based on 18 variables (access, continuity, chronic conditions, health status perception, clinic size, area) and multinomial logistic regression to analyze the class membership association with eight socio-demographic characteristics.

Setting: 104 clinics across 14 regions of Quebec, Canada.

Population Studied: 121,570 registered patients over 18 years of age with an email address in the electronic medical record.

Outcome Measures: The optimal number of profiles (five) was determined using LCA measures (AIC, BIC, entropy).

Results: Two profiles of patients in urban areas experienced difficulties obtaining care due to lack of availability of their physician: 1) "Mental health needs" (37% of respondents) perceived their mental health as poor and 2) "Physical health needs" perceived their physical health as poor (7%). 3) "Booking elsewhere" (28%) experienced difficulties reaching the clinic and consulted another clinic. 4) "Challenging booking" (12%) experienced difficulties reaching and traveling to the clinic. 5) "Rural chronic conditions" (16%) experienced difficulties with all access and continuity features, had a chronic condition, were in a rural area, and consulted at the emergency room. Female gender and a low education level were associated with belonging to class 2; male gender, high education and financial status with class 3; young age and low social support with class 4; elderly and low financial status with class 5; new immigrants with classes 1 and 5.

Conclusions: These results highlight specific access barriers and potential areas for improvement based on patient experiences, such as difficulties related to physician availability for patients with mental health needs, reaching the clinic, and continuity of care for patients with social vulnerabilities and chronic conditions.