

Supplemental materials for

Engbretsen B, Kane A, Laroche H. The food box pilot. *Ann Fam Med*. 2022;20(2):179.

For a full discussion, background, and research on PRAPARE: <https://prapare.org/>

This site houses a lot of resources for working with food banks, etc.:

<https://hungerandhealth.feedingamerica.org/>

Supplemental Table 1. Participant Interview Responses

Table 1. Participant Interview Responses (N = 11)

Positive thought about the program	Number	Quote
Great Program	8	"...great program it should be better advertised and expanded."
Eat Foods never eaten before	3	"... gives the family the opportunity to try new fruits and vegetables."
Eating healthier	5	"A great way for me to get stuff I probably would not buy"
Helps afford food - lessen food insecurity	4	"... helps foods stamps to last longer, I rely on the box, it is a life saver"
Suggestions for change		
No suggestions	5	None
Content of the box	5	"...more fruit and veggies that people are used to", "too many beans"
A few more common foods	2	"Inclusion of bread and meat once in a while ..."
Barriers to eating healthy		
Price	8	"...only fifty dollars of food stamps and can't afford to buy produce"
Knowledge of healthy diet/how to prepare	2	"Knowledge of some fruit and vegetables and how to prepare..."
None	1	None
I Socialize more, or enjoys talks with staff		
Yes	6	
No	5	