

Supplemental materials for

Perreault L, Suresh K, Rodriguez C, et al. Baseline characteristics of PATHWEIGH: a stepped-wedge cluster randomized study for weight management in primary care. *Ann Fam Med.* 2023;21(3):249-255.

Supplemental Table 1. Medications associated with weight gain or weight loss

MEDICATIONS ASSOCIATED WITH WEIGHT GAIN

| Generic name | trade names |
|---|------------------------------|
| Inhaled insulin | Afrezza |
| Insulin Aspart | Novolog |
| Insulin glulisine | Apidra |
| Insulin lispro | Humalog |
| Regular human insulin | Novolin R |
| Neutral protamine hagedorn insulin | Novolin N, NPH |
| Premixed insulins | 70/30, 75/25, 50/50 |
| Glargine | Lantus, basaglar, toujeo |
| Detemir | Levemir |
| Degludec | Tresiba |
| Glyburide, glibenclamide | Diabeta, glynase, micronase |
| Glimepiride | Amaryl |
| Glipizide | Glucotrol |
| Nateglinide | Starlix |
| Repaglinide | Prandin |
| Rosiglitazone | Avandia |
| Pioglitazone | Actos |
| Nortriptyline | Pamelor, noritren, nortrilen |
| Amitriptyline | Elavil |
| Doxepin | Sinequan, adapin |
| Paroxetine | Paxil, pexeva |
| Mirtazapine | Remeron |
| Thioridazine | Mellaril |
| Haloperidol | Haldol |
| Olanzapine | Zyprexa |
| Risperadone | Risperadol |
| Clozapine | Clozaril |
| Quetiapine | Seroquel |
| Aripiprazole | Abilify |
| Prednisone | Deltasone |
| Hydrocortisone | Cortef |
| Dexamethasone | Decadron |
| Progesterone, levonorgesterol, etonogestrol | Prometrium, Nexplanon |
| Medroxyprogesterone | Provera, depo-provera |
| Valproic acid, valproate | Depakote |
| Lithium | Esklit, esk lith |
| Carbamazepine | Tegretol |
| Gabapentin | Neurontin |

Pregabalin
Vigabatrin
Cyproheptadine
Terazosin
Propranolol
Metoprolol

Lyrica
Sabril
Periactin
Hytrin
Inderal LA, inderal XL
Lopressor, toprol XL

MEDICATIONS ASSOCIATED WITH WEIGHT LOSS

Generic name

Metformin

Exenatide

Liraglutide

Semaglutide

Pramlintide

Dulaglutide

Canagliflozin/ Metformin

Empagliflozin/ Metformin

Dapagliflozin/ Metformin

Ertugliflozin/ Metformin

Canagliflozin

Empagliflozin

Dapagliflozin

Ertugliflozin

Topiramate

Felbamate

Zonisamide

Lamotrigine

Bupropion

Venlafaxine

Desvenlafaxine

Ziprasidone

Lisdexamfetamine

Methylphenidate

Amphetamine, dextroamphetamine

Phentermine

Phentermine/ topiramate

Orlistat

Bupropion/ naltrexone

trade names

Glucophage, glucophage XR, fortamet,
glumetza

Byetta, bydureon

Victoza, Saxenda

Ozempic, Wegovy

Symlin

Trulicity

Invokamet

Synjardy

Xigduo

Segluromet

Invokana

Jardiance

Farxiga

Steglatro

Topamax

Felbatol

Zonegran

Lamictal, lamictal XR

Wellbutrin, zyban

Effexor, effexor XR

Khedezia, pristiq

Geodon

Vyvanse

Ritalin, concerta

Adderall

Pondin, Fastin

Qsymia

Xenical, Alli

Contrave