Supplemental materials for:

Andersen CA, Holden S, Vela J, Rathleff M, Jensen M. Point-of-care ultrasound in general practice: a systematic review. *Ann Fam Med*. 2019;17(1):61-69.

Supplemental Appendix 1. Search string

Point-of-care ultrasound in general practice: A systematic review

This appendix includes a full description of the literature search conducted in MEDLINE via PubMed, EMBASE via OVID, CINAHL via Ebsco, Web of Science, and Cochrane Central Register of Controlled Trials (CENTRAL) on May 12th 2016 and updated on august 21st 2017. The search was conducted by the principal investigator (Camilla Aakjær Andersen) and a medical librarian at the medical library at Aalborg University Hospital, Aalborg, Denmark. All databases were searched from inception date until august 21th 2017.

Database	Interface	Number of hits 12.05.2016	Number of hits 21.08.2017
MEDLINE	Pubmed	2337	242
EMBASE	OVID	4219	567
CINAHL	Ebsco	393	41
Web of Science		2787	434
Cochrane		253	104

MEDLINE 12.05.16 (updated 21.08.2017)

Interface: Pubmed

ec	ent queri	ies		
S ea ro h	Add to build er	Query	lte ms fou nd	Ti me
<u>#</u>	<u>Add</u>	Search (((((((((("Private Practice"[Mesh]) OR "General Practice"[Mesh]) OR "Primary Health Care"[Mesh]) OR "General Practitioners"[Mesh]) OR "Physicians, Family"[Mesh]) OR "Physicians, Primary Care"[Mesh]) OR ("Primary Care Physician"[tw] OR "Primary Care Physicians"[tw])) OR ("General Practice"[tw] OR "General Practitioner"[tw] OR "General Practitioners"[tw])) OR ("Family Physician"[tw] OR "Family Physicians"[tw])) OR "Primary Health Care"[tw]) OR ("Family Practitioner"[tw] OR "Family Practice"[tw] OR "Family Practitioners"[tw])) OR ("family medicine practice"[tw] OR "family medicine practitioner"[tw] OR "family medicine practitioners"[tw])) OR ("private practice"[tw] OR "private practitioner"[tw] OR "private practitioners"[tw]))) OR ("private practice"[tw] OR "Ultraso*[tw] OR sonograph*[tw] OR echograph*[tw]))	233 7	04: 48: 37
<u>#</u>	<u>1</u> <u>Add</u>	Search ("Ultrasonography"[Mesh]) OR (Ultraso*[tw] OR sonograph*[tw] OR echograph*[tw])	<u>517</u> 866	04: 35: 14
<u>#</u>	<u>1 Add</u>	Search Ultraso*[tw] OR sonograph*[tw] OR echograph*[tw]	<u>458</u> 529	04: 35: 07
<u>#</u>	<u>1</u> <u>Add</u>	Search "Ultrasonography"[Mesh]	<u>269</u> <u>767</u>	04: 34: 15
<u>#</u>	<u>Add</u>	Search ((((((("Private Practice"[Mesh]) OR "General Practice"[Mesh]) OR "Primary Health Care"[Mesh]) OR "General Practitioners"[Mesh]) OR "Physicians, Family"[Mesh]) OR "Physicians, Primary Care"[Mesh]) OR ("Primary Care Physician"[tw] OR "Primary Care Physicians"[tw])) OR ("General Practice"[tw] OR "General Practitioner"[tw] OR "General Practitioners"[tw])) OR ("Family Physician"[tw] OR "Family Physicians"[tw])) OR "Primary Health Care"[tw]) OR ("Family Practitioner"[tw] OR "Family Practice"[tw] OR "Family Practitioners"[tw])) OR ("family medicine practice"[tw] OR "family medicine practitioner"[tw] OR "family medicine practitioners"[tw])) OR ("private practice"[tw] OR "private practitioner"[tw] OR "private practitioners"[tw]))	<u>259</u> 026	04: 33: 55
<u>#</u>	<u>1</u> <u>Add</u>	Search "private practice"[tw] OR "private practitioner"[tw] OR "private practitioners"[tw]	<u>138</u> <u>37</u>	04: 32: 58
<u>#</u>	<u>1 Add</u>	Search "family medicine practice"[tw] OR "family medicine practitioner"[tw] OR "family medicine practitioners"[tw]	<u>168</u>	04: 32: 06
<u>#</u>	<u>1</u> <u>Add</u>	Search "Family Practitioner"[tw] OR "Family Practice"[tw] OR "Family Practitioners"[tw]	<u>661</u> <u>95</u>	04: 31: 01
#	<u>1 Add</u>	Search "Primary Health Care"[tw]	<u>701</u> <u>89</u>	04: 29: 55
<u>#</u>	<u>1</u> <u>Add</u>	Search "Family Physician"[tw] OR "Family Physicians"[tw]	<u>250</u> <u>64</u>	04: 29: 34
<u>#</u>	<u>Add</u>	Search "General Practice"[tw] OR "General Practitioner"[tw] OR "General Practitioners"[tw]	<u>718</u> <u>34</u>	04: 28: 50
#	<u>Add</u>	Search "Primary Care Physician"[tw] OR "Primary Care Physicians"[tw]	<u>164</u> <u>96</u>	04: 27: 23
<u>#</u>	7 Add	Search "Physicians, Primary Care"[Mesh]	<u>181</u> <u>1</u>	04: 25: 03
#	<u>Add</u>	Search "Physicians, Family"[Mesh]	<u>153</u> <u>26</u>	04: 24: 46

ece	ecent queries									
S ea rc h	Add to build er	Query	lte ms fou nd	Ti me						
<u>#5</u>	<u>Add</u>	Search "General Practitioners"[Mesh]	<u>464</u> 0	04: 24: 33						
<u>#4</u>	<u>Add</u>	Search "Primary Health Care"[Mesh]	<u>113</u> <u>371</u>	04: 24: 14						
<u>#3</u>	<u>Add</u>	Search "General Practice"[Mesh]	<u>684</u> <u>90</u>	04: 23: 59						
<u>#2</u>	<u>Add</u>	Search "Private Practice"[Mesh]	<u>112</u> <u>52</u>	04: 23: 35						

EMBASE 12.05.2016 (updated 21.08.2017)

Interface: OvidSP

Database: Embase 1974 to 2017

1	exp private practice/	13762
2	exp general practice/	74696
3	primary health care/	52053
4	general practitioner/	73375
5	general practi*.mp.	168448
6	Primary care physician*.mp.	20575
7	family physician*.mp.	15375
8	primary health care.mp.	61217
9	family practi*.mp.	11276
10	family medicine practi*.mp.	368
11	private practi*.mp.	20521
12	1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9 or 10 or 11	255926
13	exp echography/	607521
14	exp ultrasound/	129643
15	ultraso*.mp.	456732
16	sonograph*.mp.	63847
17	echograph*.mp.	341379
18	13 or 14 or 15 or 16 or 17	836843
19	12 and 18	4219

CINAHL 12.05.2016 (updated 21.08.2017)

Interface: Ebsco

12/5/2016

818

812 AND 817

Print Search History: EBSCOhost

Results

3,959

11,738

32,878

8,972

4,191

11,908

2,808

35,036

12,998

83

8,755

68,383

34,226

44,235

3,438

141

54,765

394

Interface - EBSCChost Research Databases Search Screen - Advanced Search Database - CINAHL with Full Text

MY				
FRSCOM				
EBSCOM	251		Thursday, May 12, 2016 5:31:18 AM	
4	Query	Limiters/Expanders	Last Run Via	
81	(MH "Private Practice+")	Search modes - Boolean/Phrase	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL with Full Text	1
82	(MH "Family Practice")	Search modes - Boolean/Phrase	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL with Full Text	
83	(MH "Primary Health Care")	Search modes - Boolean/Phrase	Interface - EBSCChost Research Databases Search Screen - Advanced Search Database - CINAHL with Full Text	
84	(MH "Physicians, Family")	Search modes - Boolean/Phrase	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL with Full Text	1
85	primary care physician*	Search modes - Boolean/Phrase	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL with Full Text	
86	general practi*	Search modes - Boolean/Phrase	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL with Full Text	1
87	family physician*	Search modes - Boolean/Phrase	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL with Full Text	
88	primary health care	Search modes - Boolean/Phrase	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL with Full Text	1
89	family practi*	Search modes - Boolean/Phrase	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL with Full Text	1
810	family medicine practi*	Search modes - Boolean/Phrase	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL with Full Text	1
811	private pradi*	Search modes - Boolean/Phrase	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL with Full Text	1
812	81 OR 82 OR 83 OR 84 OR 85 OR 86 OR 87 OR 88 OR 89 OR 810 OR 811	Search modes - Boolean/Phrase	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL with Full Text	'
813	(MH "Ultrasonography+")	Search modes - Boolean/Phrase	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL with Full Text	1
814	ultraso*	Search modes - Boolean/Phrase	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL with Full Text	
815	sonograph*	Search modes - Boolean/Phrase	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL with Full Text	1
816	echograph*	Search modes - Boolean/Phrase	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL with Full Text	
817	813 OR 814 OR 815 OR 816	Search modes - Boolean/Phrase	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL with Full Text	1

http://web.a.ebscohost.com/ehost/searchhistory/PrintSearchHistory?sid=65e9501a-1e60-42ab-88cf-d8f15f93069b%40sessionmgr4004&vid=78.hid=4205&h... 1/1

Search modes - Boolean/Phrase

Web of Science 12.05.2016 (updated 21.08.2017)

12/5/2016

Web of Science [v.5.21.1] - Web of Science Core Collection Search History

Search History: Web of Science TM Core Collection

				Edit	Combine Sets	Delete Sets	
Set	Results	Save History / Create Alert	Open Saved History	Sets		Select All	
					Combine	× Delete	
# 13	2,787	#12 AND #8 Indexes=SCI-EXPANDED, SSCI, SSH, ESCI Timespan=All years	A&HCI, CPCI-S, CPCI-	Edit			
# 12	431,663	#11 OR #10 OR #9 Indexes=SCI-EXPANDED, SSCI, SSH, ESCI Timespan=All years	A&HCI, CPCI-S, CPCI-	Edit			
# 11	5,317	TOPIC: (echograph*) Indexes=SCI-EXPANDED, SSCI, SSH, ESCI Timespan=All years	A&HCI, CPCI-S, CPCI-	Edit			
# 10	55,241	TOPIC: (sonograph*) Indexes=SCI-EXPANDED, SSCI, SSH, ESCI Timespan=All years	A&HCI, CPCI-S, CPCI-	Edit			
#9	404,016	TOPIC: (ultraso") Indexes=SCI-EXPANDED, SSCI, SSH, ESCI Timespan=All years	A&HCI, CPCI-S, CPCI-	Edit			
#8	329,817	#7 OR #6 OR #5 OR #4 OR #3 Indexes=SCI-EXPANDED, SSCI, SSH, ESCI Timespan=All years	OR #2 OR #1 A&HCI, CPCI-S, CPCI-	Edit			
#7	34,508	TOPIC: (primary care physiciar Indexes=SCI-EXPANDED, SSCI, SSH, ESCI Timespan=All years	*) A&HCI, CPCI-S, CPCI-	Edit			
#6	159,796	TOPIC: (general practi [*]) Indexes=SCI-EXPANDED, SSCI, SSH, ESCI Timespan=All years	A&HCI, CPCI-S, CPCI-	Edit			
#5	26,473	TOPIC: (family physician*) Indexes=SCI-EXPANDED, SSCI, SSH, ESCI Timespan=All years	A&HCI, CPCI-S, CPCI-	Edit			
#4	83,194	TOPIC: (primary health care) Indexes=SCI-EXPANDED, SSCI, SSH, ESCI Timespan=All years	A&HCI, CPCI-S, CPCI-	Edit			
#3	7,320	TOPIC: (family medicine practi Indexes=SCI-EXPANDED, SSCI, SSH, ESCI Timespan=All years	*) A&HCI, CPCI-S, CPCI-	Edit			
#2	69,651	TOPIC: (family practi [*]) Indexes=SCI-EXPANDED, SSCI, SSH, ESCI Timespan=All years	A&HCI, CPCI-S, CPCI-	Edit			
#1	27,235	TOPIC: (private practi*) Indexes=SCI-EXPANDED, SSCI, SSH, ESCI Timespan=All years	A&HCI, CPCI-S, CPCI-	Edit			
					○ AND ○ OR	Select All	
					Combine	× Delete	

Cochrane Central Register of Controlled Trials 12.05.2016 (updated 21.08.2017)

Date Run: 12/05/16 09:23:03.788

Description:

ID Search Hits

#1	MeSH descriptor: [Private Practice] explode all trees 137		
#2	MeSH descriptor: [Primary Health Care] explode all trees	5823	
#3	MeSH descriptor: [General Practitioners] explode all trees	144	
#4	MeSH descriptor: [Physicians, Family] explode all trees 475		
#5	MeSH descriptor: [Physicians, Primary Care] explode all trees	102	
#6	primary care physician*:ti,ab,kw (Word variations have been se	arched)	4165
#7	general practi*:ti,ab,kw (Word variations have been searched)	10901	
#8	family physician*:ti,ab,kw (Word variations have been searched	1)	2390
#9	"primary health care":ti,ab,kw (Word variations have been sear	ched)	4526
#10	family practi*:ti,ab,kw (Word variations have been searched)	5516	
#11	family medicine practi*:ti,ab,kw (Word variations have been sea	arched)	675
#12	private practi*:ti,ab,kw (Word variations have been searched)	1150	
#13	#1 or #2 or #3 or #4 or #5 or #6 or #7 or #8 or #9 or #10 or #11 o	or #12	22969
#14	MeSH descriptor: [Ultrasonography] explode all trees 8872		
#15	ultraso*:ti,ab,kw (Word variations have been searched) 18428		
#16	echograph*:ti,ab,kw (Word variations have been searched)	3190	
#17	sonograph*:ti,ab,kw (Word variations have been searched)	1764	
#18	#14 or #15 or #16 or #17 23749		

#19 #13 and #18 253

Supplemental Appendix 2. Data extraction template

Point-of-care ultrasound in general practice: A systematic review

This appendix lists the data extraction template used in this review. The template is an adapted version of the Cochrane data extraction form (http://training.cochrane.org/resource/data-collection-forms-intervention-reviews) and the Downs and Blacks checklist¹ respectively.

PROSBERO registration ID: CRD42016038302

Data extraction according to Cochrane data collection form + Down and Blacks quality assessment tool

General information
Date extraction completed
Name of person extracting data
Report title
Year of publication
Report ID (Author name and number)
Published in
Publication type
Study funding source
Possible conflict of interest
Eligibility
Review inclusion criteria meet
Reporting use of US?
Reporting training in the use og US?

Type of study

Participants: (GPs)
Who was preforming the scan?
catagory
Intervention
Type of scanner described?
firm
portable?
Doppler?
Probe
Scanning procedure described?
Population and setting
Number of clinics
Number of GPs/GPs in training preforming us?
Withdrawals and exclusion (GPs)?
Population description (GPs)
Age?
Sex?
Experience?
Other relevant information?
Inclusion criteria (GPs)
Exclusion criteria (GPs)
Method/s of recruitment of participants (GPs)

Setting

Country

Location: City/rural

Location: Hospital/private clinic

Methods
data source
design
Aim of study
start date
end date
duration
Participants
Total no. Participants (patients)
Total invited patients
Total no. Participants (Scans)
Scans pr GP
Withdrawals and exclusion
Age
Sex
Other relevant sociodemographics
Inclusion criteria (patients)
Exclusion criteria (patients)
Method/s of recruitment of participants (patients)
Outcomes

The use of US

- 1. Is the extend of the examination decribed?
- 1.a Focused/Full examination
- 1.b Procedure described (probe placement)
- 1.c. Exact measurements described
- 2. Which organs are scanned?
- 3. On which indication do the GPs scan?
- 3.a Diagnostic purpose?
- 3.b Procedure related purpose?
- 3.c Screening purpose?
- 4. Frequency
- 4.a How often did the GP use POC-US? (everyday ?)
- 4.b In how many of the consultations were US used?
- 5. How much extra time was used on POC-US performed by GPs?

Training

- 6. Which type for training did the GP recieve?
- 6.a How many hours of training the GPs received prior to using POC-US?
- 6.b Which elements did the traning consist of?
- 6.c Was the training assesed?
- 6.d Who assesed the training?
- 6.e Was there a examination/certification at the end of training?

Quality assesment

- 7. How was the quality of the scans performed by a GP assessed?
- 8. Who assessed the quality of the GPs scans?

9. Was a gold standard used?

10. Description of the patient perspective on scans performed by GPs?

11. Description of the financial costs associated with POC-US performed by GPs?

12. What possible harms, following the use of POC-US in general practice, are described in the papers?

12.a Overlooked conditions?

12.b Incidental findings?

12.c Misdiagnosis?

- 12.d overdiagnosis and overtreatment?
- 12.e Estmate on diagnostic accurecy

12.f Technical difficulties

Applicability

Have important populations been excluded from the study?

Does the study directly address the review question?

Note

Other information

Key conclusions by author

Note

Risk of bias/quality assesment (Downs and Blacks)

Reporting

1. Is the hypothesis/aim/objective of the study clearly described?

2. Are the main outcomes to be measured clearly described in the Introduction or Methods section?

3. Are the characteristics of the patients included in the study clearly described ?

4. Are the interventions of interest clearly described?

5. Are the distributions of principal confounders in each group of subjects to be compared clearly described?

6. Are the main findings of the study clearly described?

7. Does the study provide estimates of the random variability in the data for the main outcomes?

8. Have all important adverse events that may be a consequence of the intervention been reported?

9. Have the characteristics of patients lost to follow-up been described?

10. Have actual probability values been reported(e.g. 0.035 rather than <0.05) for the main outcomes except where the probability value is less than 0.001?

External validity

11. Were the subjects asked to participate in the study representative of the entire population from which they were recruited?

12. Were those subjects who were prepared to participate representative of the entire population from which they were recruited?

13. Were the staff, places, and facilities where the patients were treated, representative of the treatment the majority of patients receive?

Internal validity - bias

14. Was an attempt made to blind study subjects to the intervention they have received ?

15. Was an attempt made to blind those measuring the main outcomes of the intervention?

16. If any of the results of the study were based on "data dredging", was this made clear?

17. In trials and cohort studies, do the analyses adjust for different lengths of follow-up of patients, or in case-control studies, is the time period between the intervention and outcome the same for cases and controls ?

18. Were the statistical tests used to assess the main outcomes appropriate?

20. Were the main outcome measures used accurate (valid and reliable)?

Internal validity - confounding (selection bias)

25. Was there adequate adjustment for confounding in the analyses from which the main findings were drawn?

26. Were losses of patients to follow-up taken into account?

Total score

Supplemental Appendix 3. Study characteristics

Point-of-care ultrasound in general practice: A systematic review

This appendix lists the characteristics of the included articles.

Web table 3.1 Characteristics of the included articles

Study		Stud	y characteris	stics	Participants characteristics						
Author	ref.no.	Year	Design	Downs and Black score	Country	Location	Type of clinic	Participant	Number of clinics	Number of participants (GP/GPT)	Number of patients
Bailey	15	2001	Prospective cohort	10	USA	ND	Hospital	GPT	1	16	74
Barabas	16	2005	Cross- sectional	16	Sweden	ND	Municipal nursing homes	GP	3	1	147
Blois	17	2012	Cross- sectional	13	Canada	Rural	Primary care clinic	GPT	1	1	47
Bornemann	18	2014	Prospective cohort	5	USA	ND	Tripler army center	GPT, faculty	1	15 (7)	ND
Bornemann	19	2015	Prospective cohort	18	USA	ND	Tripler army center	GP, GPT	1	4	101
Bornemann	20	2017	Prospective cohort	13	USA	ND	Hospital	GPT	ND	17	ND
Bratland (obstetric)	21	1985	Prospective cohort	16	Norway	Rural	Primary care clinic	GP	1	1	44
Bratland (evaluation)	22	1985	Prospective cohort	6	Norway	Rural	Primary care clinic	GP	1	1	378
Bratland (gallbladder)	23	1985	Prospective cohort	13	Norway	Rural	Primary care clinic	GP	1	1	55
Bratland (urinary tract)	24	1985	Prospective cohort	13	Norway	Rural	Primary care clinic	GP	1	1	56
Bratland (heart)	25	1985	Prospective cohort	11	Norway	Rural	Primary care clinic	GP	1	1	51
Busse	26	1999	Cross- sectional	14	Germany	ND	Primary care clinic	GP, internists	ND	86 (57)	1.217
Chan	27	1999	Retrospective cohort	10	Australia	Suburban	Primary care clinic	GP	1	1	273
Chavez	28	2015	Cross- sectional	18	Nepal, Peru	Rural	Hospital	GP	ND	2	378
Chebli	29	2017	Cross- sectional	12	Morocco	Rural	School	GP	ND	24	5367

Colli	30	2015	Prospective cohort	11	Italy	Both city and rural	Hospitals, GP office	GP, hospital doctors	Four medical wards, 1 outpatie nt clinic and 90 general practices	135 (90)	2014
Del Carpio	31	2012	Prospective cohort	10	Argentina	Rural	Schools	GP, GPT	ND	180	ND (22.793 scans)
Deutchman	32	1994	Cross- sectional	15	USA	Both city and rural	Primary care clinic	GP	3	ND	221
Dingwall	33	1979	Cross- sectional	8	Scotland	Both city and rural	Primary care clinic	GP	3	3	ND (45 scans)
Eggebø	34	1989	Prospective cohort	11	Norway	Rural	Primary care clinic	GP	1	1	102
Eggebø	35	1990	Prospective cohort	10	Norway	Rural	Primary care clinic	GP	1	1	189
Ellington	36	2017	Cross- sectional	20	Peru	City	Hospital	GP	1	3	1062
Evangelista	37	2016	Prospective cohort	17	Spain	Rural	Primary care clinic	GP	3	14	1312
Everett	38	1996	Prospective cohort	10	UK	City	Health center ultrasound clinic	Senior Midwife and GP	1	1	240
Filipas	39	2003	Prospective cohort	8	Germany	City	Primary care clinic	GPs, general internists, urologists	ND	153 (55)	9959
Gillespie	40	1998	Cross- sectional	7	England	City	Primary care clinic	Technisian and GPs	1	3 (2)	ND
Glasoe	41	2007	Prospective cohort	10	Norway	ND	Primary care clinic	GP	1	3	174
Greenlund	42	2017	Cross- sectional	8	USA	ND	Outpatient primary care procedure clinic	GP	1	7	31
Hahn	43	1988	Prospective cohort	8	USA	City	Primary care clinic	GP	1	3	ND
Hahn	44	1988	Prospective cohort	12	USA	ND	Primary care clinic	GP	4	13	ND
Hussain	46	1999	Prospective cohort	7	UK	ND	Primary care clinic	GP	2	ND	64
Hussain	45	2004	Cross- sectional	11	UK	ND	Primary care clinic	GP	1	1	50
Johansen	47	2002	Retrospective cohort	12	Norway	Rural	Primary care clinic	GP	1	1	ND
Keith	48	2001	Retrospective cohort	13	USA	ND	Primary care clinic	GPT	1	ND	91
Lindgaard	49	2017	Cross- sectional	13	Denmark	ND	Primary care clinic	GP	5	5	104
Mjølstad	50	2012	Prospective cohort	17	Norway		Primary care clinic	GP	3	7	92
Morgan	51	1988	Case-series	5	USA		Hospital - based family clinic	GP	1	ND	3
Okahara	52	2016	Retrospective cohort	10	Japan	ND	Primary care clinic	GP	>=11	ND	135

Ornstein	53	1990	Prospective cohort	15	USA		university	GP	2	4	498
Rodney	54	1990	Prospective cohort	16	USA		Community	GP	1	2	207
Rosenthal	55	1993	Prospective cohort	9	USA		Primary care clinic	GP	1	1	189
Siepel	56	2000	Prospective cohort	9	USA		Primary care clinic	GP	1	1	72
Siso-almirall	57	2017	Prospective cohort	15	Spain	City	Primary care clinic	GP	3	4	1024
Smith	58	1991	Prospective cohort	15	USA		Primary care clinic	GPT	1	12	ND
Strasser	59	1987	Retrospective cohort	16	canada		Primary care clinic	GPT	2	ND	43
Szwamel	60	2017	Retrospective cohort	6	Poland	Mixed	Primary care clinic	GP, GPT, specialties in other branches of medical practice	ND	81	ND
Todsen	61	2016	RCT	17	Denmark		university teaching center	GP, GPT, ENT doctor	1	31(26)	4
Weerasinghe	62	2006	Prospective cohort	11	UAE		Primary care clinic	GP	1	3	300
Wong	63	2013	Prospective cohort	10	USA	ND	university teaching clinic	GP	1	8	4
Wordsworth	64	2002	Prospective cohort	15	Scotland	Rural	Primary care clinic	GP	1	2	131 (500 questionnai re)
Zamorano	65	2002	Cross- sectional	10	Spain	ND	hospital	GP	1	1	200

Supplemental Appendix 4. Clinical application

Point-of-care ultrasound in general practice: A systematic review

This web appendix provides a detailed description of the clinical application of ultrasound and the type of examination performed in the included articles. References to the included articles are provided both in the text and in web table 4.1.

Abdominal ultrasound examinations

An explorative examination of abdominal symptoms was reported in five articles^{28,29,47,62,66}. In 11 studies ultrasound was used to screen for abdominal pathology specifically for kidney tumours⁴¹, gallstones in pregnant women³⁴, aortic aneurisms^{17,19,57,59,62}, cystic echinococcosis^{31,33} and two articles^{56,57} described an extensive abdominal screening of asymptomatic patients for pathology relating to the aorta, gallstones, urinary retention, calcified gallbladder, ascites, liver, and kidneys. The remaining articles described a focused approach when examining the following organs: Liver^{37,57,65}, gallbladder^{20,25,32,34,37,51,57,63,65}, kidney^{32,37,57,63,65}, urinary tract^{18,26,43,57}, aorta^{20,22,32,37,51,56,63,65}, spleen³², pancreas³⁷ and five studies examined for ascites^{20,32,51,57,63}. One study⁴³ declared a focused approach but did not describe which organs were examined.

Time consumption was described for focused examinations to be from <2 minutes to <10 minutes^{34,51,63} and 12 minutes for full descriptive examinations of the urinary tract²⁶. Examinations of the aorta was performed in 3 to 6 minutes^{19,51,59,63}.

Obstetric and pelvic ultrasound examinations

Obstetric application was described in 21 articles. Six articles^{23,36,49,55,56,60} described a full detailed obstetric examination and eight articles a focused obstetric examination^{20,34,40,43,45,46,51,64} including estimation of gestational age^{20, 36,45-47, 49-51, 55,56,60,62}, locating the foetus^{20,45-47,49,51,55,56}, detection of foetal heart movement^{20,36,40,45-47,49,51,55,56,60}, diagnosing foetal malformations^{23,46,49,55,56,60}, and location of the placenta^{20,36,46,49,55,60}. Pelvic examinations were also described in non-pregnant women for diagnostic purposes six articles^{24,29,43,47,62,66} and screening for uterine enlargement in two articles^{57,58}. Focused examinations were described in four articles^{24,43,57,58}, while a full detailed examination was only described in one article⁶². The remaining articles did not provide details on the performed examinations.

Time consumption was described with a mean below 6 minutes [range 2-15 minutes] for focused examination⁵¹ and an average under 11 minutes for full examinations²³.

Ultrasound examinations of the heart.

The approach for assessing heart function differed widely. Only three articles described a full echocardiography^{27,42,67}, whereas eight other articles^{20-22,32,39,52,58,65} described various degrees of focused examinations including obtaining an apical 4-chamber-view and measured the septal mitral annular excursion⁵², estimation of left ventricle function at the parastenal long-axis view of the heart^{21,22}, obtaining parasternal long-and short axis view together with a four-chamber view and subcostal visualisation of inferior vena cava³⁹ or simply describing presence or absence of pericardial effusion³². The remaining articles^{20,58,65} did not specify how the focused ultrasound examination of the heart was performed. In two of the articles, ultrasound examinations of the heart were performed as screening tests for heart disease^{39,58}.

Time consumptions was described to be <5 minutes for focused examinations⁵² and 18 minutes for more extensive examination²⁷.

Ultrasound examinations of the lungs.

Two articles described US used for diagnosing pneumonia in children^{30,38}, where children aged two months to three years where examined in the supine position in six locations according to an international established guideline. Two other papers reported the search for or finding of pleural effusion in adults^{22,32}. Time consumptions was described with a mean of 6.4 minutes³⁰ and <10 minutes³⁸.

Other areas of use

Two articles reported screening for carotid atherosclerosis^{54,58}, whereas eight articles described use of ultrasound in various other areas without providing details of the examination, but including the musculoskeletal system^{20,24,29,43,62}, neck²⁹, breasts²⁹, male pelvis including prostate and scrotum^{29,43,62}, venous thrombosis²², assessing peripheral circulation^{35,} the thyroid gland^{43,58,62}, lymph nodes⁴³, and skin tumors⁴³. Procedure related ultrasound was used when draining skin abscesses⁴⁴, for breast cyst aspiration (cytology)²⁹, and vascular assess⁴³.

Time used for the examinations were described to be 5-10 minutes for focused examinations⁴³ and 15 minutes for detailed screening examinations of the thyroid gland or carotides^{58.}

Web table 4.1 Clinical applications of ultrasound

Anatomical area	Diagnostic	Screening	Procedure	Focused	Full detailed	No details
	purpose	purpose	related	examination	examination	

Musculoskeletal	20,24,29,43,62			20,43	62	24,29
Heart	20,21,22,27,32,3	39,58		20,21,22,32,39,52,	27,42,67	
	9,42,52,65,67			58,65		
Lung	22,30,32,38			22,30,32,38		
Abdomen	28,29,43,62,66	29,58		43,58	62	28,29,66
(unspecified)						
FAST	20,32,51,57,63	57		20,32,51,57,63		
Aorta	20,22,32,37,51,5	17,19,57,59,62		17,19,20,22,32,37,	62	
	7,62,63,65			51,57,59,63,65		
Liver	37,47,57,62,65	29,57		37,57,65	62	29,47
Gall bladder	20,25,29,32,37,4	34,57		20,25,32,34,37,51,	62	29,47
	7,51,57,62,63,65			57,63,65		
Pancreas	37,47,62			37	62	47
Spleen	32,47,62			32	62	47
Urinary tract	18,26,29,43,48,5	57		18,26,43,48,57	62	29
	7,62					
Kidney	29,32,37,47,57,6	41,57		32,37,57,63,65	41,62	29,47
	2,63,65					
Cystic Echinococcosis	33	31,33		31,33		
Male pelvis	29,43,62			43	62	29
Female pelvis	24,29,43,47,62,6	57,58		24,43,57,58	62	29,47,66
	6					
Obstetrics	20,23,29,34,35,3	23,35,36,49,60		20,34,40,43,45,46,	23,36,49,55,56,60	29,35,47,50,53
	6,40,43,45,46,47,			51,64		,61,66
	49,50,51,53,55,5					
	6,60,61,64,66					
Neck	29					29
Breast	29		29			29
Thyroid	43,62	58		43,58	62	
Soft tissue	24			24		

Skin tumors	43,44		44	43,44	
Lymph nodes	43			43	
Carotid		54,58		54,58	
Venous thrombosis	22			22	
Peripheral circulation	35	35		35	
Access to blood vessel			43	43	

FAST= (Focused assessment with sonography in trauma). US scan for detection of intraperitoneal fluid

Supplemental Appendix 5. Quality assessment

Point-of-care ultrasound in general practice: A systematic review

This web appendix provides to tables. The first table (Web table 5.1) lists the used quality measurements in the included articles. The second tables (Web table 5.2) list the described quality in the included articles.

Quality Measure	N*	Reference.
Compared to a specialist's scan	11	17,19,20,39,50,51,52,59,60,64,67
Compared to birth outcome**	6	36,40,49,55,56,61
Journal audit	10	32,33,36,37,40,49,57,58,61,66
Interobserver agreement	3	30,38,39
Uploaded scan for review/ review of video or still pictures	14	22,23,25,26,27,38,39,42,45,46,47,48,51,66
Supervised scan	7	17,22,48,60,63,64,65
Repeated scan of positive findings by specialist	4	33,37,41,59
Compared to CT	4	38,41,54,59
Examination after training programme	12	17,20,22,33,45,46,51,55,58,59,63,65
Not decleared	13	18,20,24,28,29,31,34,35,42,43,44,53,62

Web table 5.1 Quality measurement

 $N^* = number of studies$

Web table 5.2: Quality assessment

Organ	Comparison	Sensitivity	Specificity	Interrater variability	Percent of ultrasound exams deemed acceptable	Confirmed diagnosis	Hours of training	Year of publication	Downs and Black score	Ref.
Aorta	Specialist scan	100%	100%	-		100%	2.3	2001	10	17
Aorta	Specialist scan	100%	100%	-	-	-	ND	2012	13	19
Aorta	Positive findings re- scanned	-	-	-	-	11/14 (79%)	25	2017	15	59
Heart	Specialist scan	73%	75%	-	-	-	4	2015	18	21
Heart	Review	-	-	-	40%	29/44 (66%)	320	1985	11	27
Heart	Review			Kappa 0.52	80.8%	84.2%	28	2016	17	39
Heart	Specialist scan	77.4%	85.4%	-	-	-	8	2012	17	52
Heart	Specialist scan	-	-	-	-	192/200 (96%)	ND	2002	10	67
Lung	Interobserver agreement between two GPs	-	-	Карра 0.79	-	-	14	2015	18	30
Lung	Radiographic ally- confirmed	92.2%	95.2%	Карра 0.65	-	-	7 day	2017	20	38

	clinical									
	pneumonia									
Abdomen	Positive	-	-	-	-	26/27 (96%)	ND	1990	10	37
	findings re-									
	scanned									
aorta,	Known	-	-	-	-	65 %	4	2016	17	63
gallbladder,	pathology									
kidney,										
abdomen										
Kidney	Positive	82%	99%	-	-	-	ND	2003	8	41
	findings									
	rescanned									
Urinary tract	review	-	-	-	90%	-	ND	2004	11	48
A.carotis	СТ	-	-	-	-	79%	ND	2016	10	54
Obstetric	Birth	97.3%	97.7%	-	-	-	ND	1996	10	40
	outcome									
Obstetric	Review	-	-	-	97%	-	52+	1988	8	45
Obstetric	Review	-	-	-	94%	-	52+	1988	12	46
Obstetric	Birth	-	-	GA as	-	100% (twins)	278	2002	12	49
	outcome			accurate as						
				specialist						
Obstetric	Specialist	-	-	-	-	Mean	ND	2001	13	50
	scan					difference in GA				
						1,5 days				
Obstetric	Birth	-	-	-	-	GA mean	52+	1990	15	55
	outcome					difference 1.1				
						day,				
						multiple				
						gestation PPV				
						and NPV 100%,				

						fetal death PPV				
						85% NPV 98%				
						11% falso				
						11% Taise				
						positive				
						placenta				
						praevia,				
						1 major				
						abnormality				
						missed				
Obstetric	Birth	-	-	-	-	GA 92% and 96	24	1990	16	56
	outcome					%				
						No diagnoses				
						missed				
Obstetric	Specialist	-	-	resident-	-	_	ND	1991	15	60
	scan			faculty %				1001	10	
	Scan			differences						
				3.6% for AC,						
				1.6% for HC,						
				1.9% for BPD						
Broad use: *	Specialist	91%	83%	-	-	-	43	2015	11	32
(Abdomen,	scan									
lung, heart,										
bladder,										
spleen,										
aorta)										
Broad use:	Review	-	-	-	85	9/9	ND	1999	7	47
						(100%)				
Broad use:	lournal			Internal		23/28	ND	1003	٩	57
bioau use.	audit/ra	-	-	roliabilit		(020/)	ND	1.755	5	10
	auuit/re-					(82%)				
	examination			96%, external						
	of positive									

	findings by			reliability						
	specialist			82%						
Broad use:	Journal audit	-	-	-	-	64/72	ND	2000	9	58
						(89%)				
Broad use:	Specialist	98%	95%	Kappa 0.93	-	-	ND	2017	13	51
	scan	100%								
		GA								

GA= gestational age, PPV= positive predictive value, NPV = negative predictive value, AC = abdominal circumference, HC = head circumference, BPD = biparietal diameter

* only 37% of US scan was performed by GP