

**Online Supplementary Material**

Player MS, King DE, Mainous AG III, Geesey ME. Psychosocial factors and progression from prehypertension to hypertension or coronary heart disease. *Ann Fam Med.* 2007;5(5):403-411.

<http://www.annfammed.org/cgi/content/full/5/5/403/DC1>

**Supplemental Table 1. Multivariable Logistic and Cox Regression Analysis for Development of Hypertension or CHD/CHD Death With Continuous Covariates**

<b>Psychosocial Variable</b>	<b>Progression to Hypertension* AOR (95% CI)</b>	<b>Progression to CHD/CHD Death† AOR (95% CI)</b>
Maastricht Questionnaire score (long-term stress)		
Low/moderate	1.00	1.00
High	1.10 (0.91-1.34)	1.79 (1.28-2.49)
Spielberger Trait Anger Scale score		
Low/moderate	1.00	1.00
High	1.54 (1.06-2.25)	1.99 (1.19-3.32)
CHD = coronary heart disease; AOR = adjusted odds ratio; CI = confidence interval.		
* Adjusted for age (continuous), sex, race, body mass index, diabetes mellitus, low-density lipoprotein cholesterol (continuous), hours of exercise per week (continuous).		
† Adjusted for age (continuous), sex, race, current smoking status, history of diabetes, low-density lipoprotein cholesterol (continuous).		