FAMILY MEDICINE

Online Supplementary Material

Daaleman TP, Perera S, Studenski SA. Religion, spirituality, and health status in geriatric outpatients. *Ann Fam Med* 2004;2:49-53.

http://www.annfammed.org/cgi/content/full/2/1/49/DC1

SUPPLEMENTAL APPENDIX. SPIRITUALITY INDEX OF WELL-BEING

Which statement best describes your feelings and choices?

| | Strongly Agree | Agree | Neither Agree nor Disagree | Disagree | Strongly Disagree |
|--|-------------------|-------|----------------------------------|----------|----------------------|
| | 1 | 2 | 3 | 4 | 5 |
| 1. There is not much I can do to help myself. | 1 | 2 | 3 | 4 | 5 |
| 2. Often, there is no way I can complete what I have started. | 1 | 2 | 3 | 4 | 5 |
| 3. I can't begin to understand my problems. | 1 | 2 | 3 | 4 | 5 |
| I am overwhelmed when I have personal difficulties and problems. | 1 | 2 | 3 | 4 | 5 |
| 5. I don't know how to begin to solve my problems. | 1 | 2 | 3 | 4 | 5 |
| 6. There is not much I can do to make a difference in my life. | 1 | 2 | 3 | 4 | 5 |
| 7. I haven't found my life's purpose yet. | 1 | 2 | 3 | 4 | 5 |
| 8. I don't know who I am, where I came from, or where I am going. | 1 | 2 | 3 | 4 | 5 |
| 9. I have a lack of purpose in my life. | 1 | 2 | 3 | 4 | 5 |
| 10. In this world, I don't know where I fit in. | 1 | 2 | 3 | 4 | 5 |
| 1. I am far from understanding the meaning of life. | 1 | 2 | 3 | 4 | 5 |
| 12. There is a great void in my life at this time. | 1 | 2 | 3 | 4 | 5 |