Supplemental materials for:

Frankhouser TL, Defenbaugh N. An autoethnographic examination of postpartum depression. *Ann Fam Med*. 2017;15(6):540-545.

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Appendix A

- 1. What does it feel like to revisit (remember) this story?
- 2. What did you learn (insights) about yourself from this experience?
- 3. What did you learn about the cultural influence (people, norms/rules, beliefs, values) of those around you?