

Supplemental materials for:

Papadakis S, Cole AG, Reid RD, et al. From good to great: the role of performance coaching in enhancing tobacco-dependence treatment rates. *Ann Fam Med*. 2018;16(6):498-506.

Supplemental Table 1: Practice and clinician characteristics according to study randomization group				
Parameter	Response	OMSC Group	OMSC + Group	Overall
Practice-level		k=7	k=8	k=15
Geographic location	Urban	28.6	25.0	26.7
	Suburban	42.9	12.5	26.7
	Rural	28.6	62.5	46.7
Number of Clinicians	< 10 clinicians	28.6	25.0	26.7
	≥ 10 clinicians	71.4	75.0	73.3
Access to cost-free NRT	No	14.3	25.0	20.00
	Yes, post intervention only	14.3	25.0	20.0
	Yes, pre and post intervention	71.4	50.0	60.0
Clinician-level		k=76	k=90	k=166
Health discipline of provider	Physician	79.0	75.6	77.11
	Nurse Practitioner	5.3	6.7	6.02
	Nurse	0.0	1.1	0.60
	Medical Resident	6.6	0.0	3.01
	<i>Not stated</i>	9.2	16.7	13.25
Sex	Female	38.2	41.1	39.76
	Male	46.1	36.7	41.0
	<i>Not stated</i>	15.8	22.2	19.3
Age	< 30 years	7.9	2.2	4.82
	30-39 years	26.3	22.2	24.1
	40-49 years	11.8	22.2	17.5
	50-59 years	25.0	23.3	24.1
	60-69 years	13.2	6.7	9.6
	≥ 70 years	1.3	1.1	1.2
	<i>Not stated</i>	14.5	22.2	18.7
Previous smoking cessation training	No	54.0	51.1	52.1

Supplemental Table 2: Patient demographic characteristics according to study randomization for the pre-and post-assessment samples					
Variable	Response	Pre-assessment (T1)		Post-assessment (T2)	
		OMSC n=541	OMSC + n=583	OMSC n=397	OMSC+ n=475
Age	18-24 years	8.3	6.4	6.1	5.1
	25-39 years	24.2	20.8	23.4	19.2
	40-54 years	31.4	39.3	37.5	41.9
	55-64 years	26.1	22.47	22.9	21.1
	≥65 years	10.0	11.2	10.1	12.8
Sex	% Male	43.4	42.1	42.3	38.5
Years of formal education	< High school	3.3	3.5	2.4	2.6
	High school	52.7	54.0	51.1	53.0
	University	38.2	39.2	41.2	40.6
	Graduate school	5.8	3.3	5.4	3.8
# Cigarettes/day	<15	416	34.5	44.3	37.3
	15-25	50.1	55.8	49.1	55.4
	>25	8.3	9.8	6.6	7.4
Time to first cigarette	>30 minutes	34.4	35.1	36.87	33.7
	<30 minutes	65.6	64.9	63.1	66.3
# Years smoked	0-2 years	1.5	2.06	2.5	2.1
	3-9 years	9.6	8.2	8.3	8.8
	10-19 years	19.4	16.3	16.9	16.6
	20+ years	69.5	73.4	72.3	72.4
Readiness to quit ^a	Ready to quit in the next 30 days	24.8	27.4	23.9	31.4
	Ready to quit in the next 6-months	46.4	41.9	44.6	37.9
	Not ready to quit in next 6-months	28.8	30.7	31.5	30.7
Self-efficacy ^b	Low	80.1	79.28	76.6	76.4
	High	19.9	20.7	23.5	23.6
Medical History	Smoking-related illness	24.8	26.9	22.9	24.0
	Anxiety/Depression	44.9	50.6	42.1	51.0
Purpose of visit	Follow-up appointment	79.3	76.9	80.6	76.9
	Annual exam/health review	20.7	23.2	19.5	23.1

^aWhich of the following best describes your feelings about smoking right now?
(responses: 1=ready to quit in next 30 days, 0= ready to quit in next 6 months or not ready to quit)

^bOn a scale of 1 to 10 how confident are you that you would be able to quit smoking at this time? (1=not at all confident, 10=extremely confident)

Supplemental Table 3: Sensitivity analysis examining effect of exposure to the performance coaching intervention on rates of tobacco treatment delivery, quit rates and cessation outcomes at the post-intervention assessment

Parameter	% Not Exposed to Performance Coaching n=506	% Exposed to Performance Coaching n=366	% Delta	OR (95%CI)^a	p-value^b
Ask	57.5	66.4	+8.9	1.51 (1.01, 2.26)	0.04
Advise	47.0	56.6	+9.5	1.65 (1.10, 2.49)	0.02
Assist	43.9	55.74	+11.9	1.50 (1.03, 2.19)	0.04
Assist – Quit Plan Visit	19.4	27.1	+7.7	1.41 (0.96, 2.09)	0.08
Assist – Self-help Materials	12.5	20.0	+7.5	1.54 (0.93, 2.55)	0.09
Assist – Discuss Medications	28.1	38.5	+10.5	1.60 (1.10, 2.32)	0.02
Assist – Prescribe Medications	9.5	12.3	+2.8	1.27 (0.76, 2.13)	0.35
Arrange	25.9	37.2	+11.3	1.41 (0.99, 2.01)	0.06
Quit attempt	32.4	33.1	+0.7	1.08 (0.76, 1.52)	0.67
7-day Point prevalence Abstinence	8.1	7.1	-1.0	0.94 (0.53, 1.67)	0.82
Continuous abstinence	5.9	5.2	-0.7	0.94 (0.47, 1.91)	0.87

^aControlling for clinic level variance between clusters, patient gender, patient education, and self-reported anxiety/depression; based on inclusion of 15 clinics, unless otherwise indicated.

^bp-value based on Wald statistic.

CI = confidence interval.

Supplemental Table 4: Final model for the multi-level analysis of clinic-, clinician-, and patient-level characteristics associated with rates of ask, advise, assist and arrange

Parameter	Response	AOR (95% CI)							
		Ask	Advise	Assist	Arrange	Quit Date	Materials	Medication	Prescribe
Intervention	OMS	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00
	C								
	OMS	1.42	1.24	1.62	1.92	1.57	2.06	1.64	1.18
	C+	(0.99, 2.02)	(0.68, 2.28)	(1.02, 2.56)	(1.17, 3.15)*	(0.93, 2.66)	(1.35, 3.12)**	(1.04, 2.58)*	(0.72, 1.94)
				*			*		
Clinician characteristics									
Smoking cessation is an important part of my role as a clinician ^a	Disagree	1.00							
	Agree	4.36							
		(2.05, 9.29)*							
		**							
Patient characteristics									
Gender	Female	1.00					1.00	1.00	
	Male	2.09					1.54	1.46	
		(1.49, 2.92)*					(1.03, 2.29)*	(1.04, 2.04)*	

		**						
#	<15	1.00						
cigs/day	15-25	1.46 (0.87, 2.44)						
	>25	3.26 (1.47, 7.26)**						
# years smoked	20+ years	1.00	1.00	1.00				
	10-19 years	0.85 (0.55, 1.32)	0.78 (0.51, 1.18)	1.05 (0.68, 1.64)				
	3-9 years	0.49 (0.27, 0.88)	0.44 (0.25, 0.79)	0.53 (0.28, 1.01)				
		*	**					
	0-2 years	0.75 (0.23, 2.44)	0.58 (0.19, 1.73)	0.14 (0.03, 0.68)*				
Ready to quit smoking in the next 30 days ^b	No	1.00	1.00	1.0	1.00	1.00	1.00	1.00
	Yes	1.52 (1.04, 2.24)*	2.04 (1.40, 2.99)	2.11 (1.47, 3.04)	2.52 (1.69, 3.77)***	4.24 (2.83, 6.36)**	2.30 (1.58, 3.35)***	2.63 (1.60, 4.30)**
		***	***			*		*
Self-efficacy to quit smoking ^c	Low	1.00	1.00	1.0	1.0			
	High	1.69 (1.12, 2.55)	1.59 (1.08, 2.35)	1.87 (1.23, 2.86)**	1.86 (1.22, 2.85)**			
		*	*		1.54 (1.03, 2.29)*			
					2.54 (1.54, 4.20)**			
					*			

Presence of a smoking-related illness	No	1.00
	Yes	2.19 (1.47, 3.27) ***

Other Factors

Purpose of visit	Follow-up/other	1.00	1.00	1.00	1.00
	Annual exam /1 st visit	2.28 (1.49, 3.48)* **	2.02 (1.34, 3.04) ***	1.89 (1.29, 2.79) **	2.03 (1.37, 3.01)***

Random

Clinic	0.017 (0.042)	0.173 (0.132)	0.060 (0.072)	0.060 (0.082)	0.070 (0.099)	^	0.037 (0.069)	0.004 (0.074)
Clinician	^	0.537 (0.215)	0.332 (0.157)	0.157 (0.180)	0.200 (0.198)	^	0.326 (0.200)	^

* p<0.05 ** p<0.01 *** p<0.001

AOR: Adjust Odds Ratio; 95%CI: 95% Confidence Interval

^ The estimated G matrix was not positive definite, so clinic- and/or provider-level variance was not included in this model

Final Model Ask: 15 clinics, 104 clinicians; 1=Asked about smoking (n=470), 0=Not asked about smoking (n=259)

Final Model Advise: 15 clinics, 132 clinicians; 1=Advised about smoking (n=408), 0=Not advised about smoking (n=392)

Final Model Assist: 15 clinics, 132 clinicians; 1=Assisted with quitting smoking (n=391), 0=Not assisted with quitting smoking (n=409)

Final Model Arrange: 15 clinics, 132 clinicians; 1=Arranged follow-up appointment (n=154), 0=Not arrange a follow-up appointment (n=650)

Final Model Quit Date: 15 clinics, 135 clinicians; 1=Set a quit date (n=137), 0=Did not set a quit date (n=735)

Final Model Materials: 15 clinics, 131 clinicians; 1=Provided self-help materials (n=124), 0=Did not provide self-help materials (n=672)

Final Model Medication: 15 clinics, 131 clinicians; 1=Discussed medications (n=259), 0=Did not discuss medications (n=533)

Final Model Prescribe: 15 clinics, 132 clinicians; 1=Prescribed medications (n=86), 0=Did not prescribe medications (n=718)

^a Smoking cessation is an important part of my role as a clinician? (response: 5-point Likert scale where 5=strongly agree, 1=strongly disagree).

^b Which of the following best describes your feelings about smoking right now? (responses: 1=ready to quit in next 30 days, 0= ready to quit in next 6 months or not ready to quit)

^c On a scale of 1 to 10 how confident are you that you would be able to quit smoking at this time? (response 1=not at all confident, 10=extremely confident)

Supplemental Table 5: Final model for the multi-level analysis of clinic-, clinician-, and patient-level characteristics associated with cessation outcomes at the six-month follow-up

Parameter	Response	AOR (95% CI)		
		Quit attempts	7-day point prevalence	12-week continuous abstinence
Time	Pre-assessment	1.00	1.00	1.00
	Post-assessment	1.19 (0.97, 1.46)	1.44 (0.97, 2.14)	1.35 (0.86, 2.13)
Intervention	OMSC	1.00	1.00	1.00
	OMSC+	1.00 (0.82, 1.23)	0.88 (0.53, 1.48)	0.77 (0.47, 1.28)
<i>Patient characteristics</i>				
Age	18-24 years		1.00	
	25-39 years		0.57 (0.27,	

	40-54 years		1.20) 0.29 (0.14, 0.63)**	
	55-64 years		0.66 (0.31, 1.39)	
	>65 years		0.85 (0.38, 1.90)	
# cigs/day	<15	1.00	1.00	1.00
	15-25	0.88 (0.71, 1.10)	0.69 (0.46, 1.03)	0.60 (0.38, 0.95)*
	>25	0.59 (0.38, 0.92)*	0.34 (0.12, 0.99)*	0.32 (0.09, 1.07)
Time to first cigarette	>30 minutes	1.00		
	<30 minutes	0.69 (0.55, 0.86)***		
# years smoked	20+ years	1.00		1.00
	10-19 years	1.12 (0.85, 1.48)		0.83 (0.45, 1.55)
	3-9 years	1.74 (1.23, 2.46)**		1.01 (0.46, 2.21)
	0-2 years	1.00 (0.50, 2.02)		2.87 (1.07, 7.72)*
Ready to quit smoking in the next 30 days	No	1.00	1.00	1.00
	Yes	2.52 (2.02, 3.13)***	2.31 (1.52, 3.51)***	2.07 (1.29, 3.35)**
Self-efficacy to quit smoking	Low		1.00	1.00
	High		2.22 (1.47, 3.36)***	2.54 (1.58, 4.11)***
Presence of a smoking-related	No	1.00		
	Yes	1.32 (1.04,		

illness		1.67)*		
Presence of anxiety/depression	No	1.00	1.00	1.00
	Yes	1.25 (1.01, 1.55)*	0.55 (0.36, 0.83)**	0.43 (0.25, 0.75)**
Presence of mental illness	No	1.00		1.00
	Yes	0.62 (0.44, 0.85)**		2.26 (1.12, 4.54)*
Clinician created a quit plan with the patient	No	1.00	1.00	1.00
	Yes	2.02 (1.59, 2.56)***	2.33 (1.53, 3.56)***	2.39 (1.48, 3.85)***
Random				
	Clinic	^	0.096 (0.092)	0.049 (0.095)
	Clinician	^	^	^
<p>* p<0.05 ** p<0.01 *** p<0.001</p> <p>AOR: Adjust Odds Ratio; 95%CI: 95% Confidence Interval</p> <p>^ The estimated G matrix was not positive definite, so clinic- and/or provider-level variance was not included in this model</p> <p>Final Model Quit Attempt: 15 clinics, 166 clinicians; 1=Made a quit attempt (n=602), 0=Did not make a quit attempt (n=1387)</p> <p>Final Model 7-day point prevalence: 15 clinics, 166 clinicians; 1=Did not smoke over the last 7 days (n=121), 0=Smoked in the last 7 days (n=1761)</p> <p>Final Model 12-week continuous abstinence: 15 clinics, 166 clinicians; 1=Did not smoke over the last 12 weeks (n=90), 0=Smoked in the last 12 weeks (n=1792)</p>				

Supplemental Figure 1: CONSORT Flow Diagram



